

#### **ABOUT OUR PROGRAM**

All attendees will be put through the physical portion of the test. It is open to anyone who is curious about the testing process or interested in what it takes to be a Reno Police Officer.

- · Grip strength
- · Bend twist and touch
- · 32 sit ups in a minute
- 24 push ups
- 100 yard dash 19 second or less
- 1.5 mile run 15:20 time limit

#### **RUN DATES**

### JULY 18 | 10am - Noon

Idlewild Park | 1900 Idlewild Dr Meet at the police officer memorial wall

## AUGUST 15 | 10am - Noon

Dick Taylor Park | 1140 Beech Street

# SEPTEMBER 19 | 10am - Noon

Barbara Bennett Park | Arlington Ave/Island Ave Meet at the basket ball courts

## OCTOBER 10 | 10am - Noon

Miguel Ribera Park | 3905 Neil Road Reno, NV

## NOVEMBER 21 | 10am - Noon

Idlewild Park - Meet at the police officer memorial

# **DECEMBER 19 | 10am - Noon**

Barbara Bennett Park - Meet at the basketball court

